

Do Now:

Read the article *What do practicing psychologists do?*

Article can be found at: <http://www.apa.org/helpcenter/about-psychologists.aspx>

Highlight or underline at least three (3) things that you learned or found interesting in the article.

Who are practicing psychologists?

Professionally trained in clinical skills:

- Extensive graduate level work & degrees, with supervised training
- Many psychologists have doctoral degrees
 - PsyD (Doctor of Psychology)
 - or PhD (Doctor of Philosophy)
 - or EdD (Doctorate in Education)
- APA- American Psychological Association
 - Estimates about 105,000 psychologists licensed in the U.S.

What do practicing psychologists do?

- Help people:
 - cope better with life
 - deal more effectively with mental health problems
 - With addiction problems
- Trained to administer tests to diagnose problems or conditions
 - Aptitude
 - Intellectual
 - Personality
 - etc

What is the difference between a psychologist and a psychiatrist?

•**Psychiatrists:**

- Medical doctor
- Specialize in treatment of mental or emotional disorders
- Can administer medicine & admit patients for hospitalization

•**Psychologists:**

- Most have PhD or PsyD
- Clinical psychologists diagnose & treat emotional and behavior problems
- Primarily use psychotherapy (treatment using psychological rather than medical means)

What about Psychoanalysts?

- **Psychoanalysts:**

- Are psychiatrists who practice a special kind of therapy called psychoanalysis
- Sigmund Freud started this
- Because this type of therapy takes a very long time and can be very costly, it is rarely practiced anymore
 - Modified versions might be found

Besides Practicing in a clinical setting, what else do psychologists do?

- **Career counseling**
- **School and community psychologists**
- **Sports psychologists**
- **Research psychologists**
- **University professors**
- **Industrial / organizational or I/O psychologists**
- **And more.....**